



**Universität  
Zürich** <sup>UZH</sup>

**UZH Leadership and  
Governance Academy**

**Junior Faculty  
Development**

**MeF  
LEADERSHIP**

**Program  
2025/2026  
Faculty of Medicine**

# Leadership Courses for Medicine

The Faculty of Medicine, together with the Vetsuisse Faculty and the UZH Leadership and Governance Academy offers continuing education courses on leadership. The course content is geared towards the challenges you face as an assistant professor in your leadership role. The courses equip you with the tools to be successful in the complex environment of clinic, research and teaching, while balancing this with a healthy private life.

## Course Career Development



The *Career Development Course* offers you the opportunity to actively engage with your own career planning. You will develop self-marketing strategies and communication techniques as well as effective strategies to navigate the appointment process.

**Speaker:** Sibyl Schädeli, Boutique Academy, Coach and Trainer

**Dates/Location:** 25 February 2025, 13.30–18.00 and 26 February 2025, 13.30–18.00, University of Zurich, Center for Continuing Education, Schaffhauserstrasse 228, 8057 Zurich

## Course Conflict Management



In the *Conflict Management Course*, you will address a wide range of topics in the field of conflict management with the goal of efficiently recognizing, addressing, and resolving conflicts within your team and the organization. A theoretical component will provide the necessary tools, which will then be applied to everyday situations of the course participants.

**Speakers:** Prof. Dr. Jan Schmutz, University of Zurich, Professorship for Applied Team Research; PD Dr. Michaela Kolbe, University Hospital Zurich, Head of Simulation Center

**Dates/Location:** 12 June 2025, 9.00–13.00 and 19 June 2025, 9.00–13.00, Simulationszentrum USZ, Huttenstrasse 46, HUT 46 C3, Zürich

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## Course Leadership and Work-Life-Balance: Different perspectives and challenges

The *Leadership and Work-Life-Balance Course* offers you the opportunity to gain input for your own leadership roles. You will learn how to develop strategies and respond competently in high-stress situations. Emphasis is placed on dealing with your own leadership challenges as well as issues of balancing clinical and research demands, work and personal life.

**Speakers:** **Prof. Dr. Gudrun Sander**, Director Institute for International Management and Diversity Management IIDM-HSG and Director Competence Center for Diversity, Disability and Inclusion CCDI, University of St. Gallen;  
**Dr. med. Sabine Werner**, Coach and Trainer, Specialist in Dermatology

**Dates/Location:** 21 August 2025, 9.00–17.30, University of Zurich, Center for Continuing Education, Schaffhauserstrasse 228, 8057 Zurich

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## Course Managing Difficult Conversations

The *Managing Difficult Conversations Course* gives you the opportunity to practice difficult conversational situations that may arise at the interface of care, research and teaching. The course focuses on developing practical skills and prepares you to deal with challenging scenarios confidently and competently.

**Speakers:** To be announced

**Dates/Location:** Expected 3rd to 4th quarter 2025

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## Course Stress Management and Strengthening Resilience

The *Stress Management and Strengthening Resilience Course* focuses on strengthening resilience, stress management and dealing with critical events. You will learn how to overcome challenges through a solution- and resource-oriented approach. The content taught in the first part of the course is applied in the second part based on personal experience.

**Speaker:** **Claudia Buser**, M.Sc., Psychologist FSP and Physiotherapist FH, Head of Dean's Office of Student Affairs, Faculty of Medicine, University of Bern

**Dates/Location:** Expected 1st quarter 2026

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## Registration

Invited to the courses are participants of the UZH Leadership Program for Professors from the Faculty of Medicine and the Vetsuisse Faculty as well as Assistant Professors and Externally Funded Assistant Professors of the Faculty of Medicine and the Vetsuisse Faculty.

The courses are free of charge for professors of the Faculty of Medicine and the Vetsuisse Faculty. The costs are covered by the Faculty of Medicine and the Vetsuisse Faculty.

Recognition of the courses by SIWF is in process.

You can register for the courses via the following link:



[Medizinspezifische Weiterbildungskurse UZH Leadership and Governance Academy](#)

If you have any questions, please contact Dr. Isabelle Odermatt,  
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